## **Psycho Distinctive Evolution of**

## Prof. Yves Joanette

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Guest lecture hosted by Prof. Sara Mondini, Department of Philosophy, Sociology, Education and Applied Psychology, University of Padova

June 20th 2025, 10.30 -11.15 a.m. Room 2B via Venezia, 12 Padova

Attendance Event

https://www.psicologia.unipd.it/psycho-clubprogram



DPSS Department of Developmental Psychology and Socialization EPARTMENT OF PHILOSOPHY, SOCIOLOGY, EDUCATION AND APPLIED PSYCHOLOGY

## Psycho Club

Normal aging is characterized by a distinctive evolution of the different cognitive domains: several cognitive abilities become less performant; others are maintained while a smaller number become more performant. The goal of this presentation is to describe the distinctive evolution of the cognitive domains in normal aging and howthis evolution is in support of wellness of older individuals. The presentation will also include the link between this distinctive evolution and the distinctive changes in different areas of the brain in normal aging while trying to identify the origin of those changes, including the evolution with age of cardiac pulsatility. The presentation will also include a discussion about the inter-individual difference in overall cognitive abilities and the importance of developing approaches to estimate a cognitive-brain age in order to evolve toward precision neuropsychology а approach of aging.