

Psycho Club

Stigma and discrimination
towards mental health
issues and their
assessment

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June 25th 2026, 12.30
p.m. - 02.30 p.m.
Room 2A
via Venezia, 12 Padova

Attendance Event

<https://www.psicologia.unipd.it/psycho-club-program>



DEPARTMENT OF
GENERAL
PSYCHOLOGY

DPSS

Department of Developmental
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The stigma associated with mental health issues involves the existence of beliefs, stereotypes, and prejudices, and ultimately leads to behaviors such as discrimination against people who experience these issues. These stigmas can combine with others, multiplying their effects and giving rise to intersectional stigma. Furthermore, stigmatizing attitudes have been found across the entire population, ranging from children, adolescents, and young adults to even students and healthcare professionals. Given that mental health issues, especially among young people, have increased in recent years, understanding the stigma surrounding them and the public's beliefs is essential for subsequently addressing them through primary prevention interventions. We will address the different types of stigma related to mental health and ways to assess it, using psychometric measures and other tests, while reviewing some findings from recent studies on the current state of the art.

